



Alaska Open Imaging Center

6911 DeBarr Road
Anchorage, Alaska 99504
Phone 907-330-1220
Fax 907-330-1222



Physician Request for PET Imaging

Patient Information

Date of Referral _____ Referring Physician Name _____
Patient Name (Last) _____ (First) _____ (MI) _____
Patient Address _____ City _____ Zip _____
Patient Phone # (Home) _____ (Work) _____
Patient D.O.B. _____ Patient SS# _____
Name of Insurance: Primary _____ Secondary _____
Height (inches) _____ Weight (lbs) _____
 Diabetic CHF Colostomy Bag

Study Requested

Whole Body (oncology)

- PET/CT Non contrast Fusion
- PET/CT Contrast (Check areas to be scanned) Head Neck Chest Abdomen Pelvis
- PET Only
- PET Dual Isotope (Appropriate indications)

Brain (neurology)

- PET/MR Non Contrast Fusion

Cardiac

- PET Only

Clinical Information

Diagnosis/Reason for Exam _____ ICD-9 code(s) _____
Medicare and other insurers require coding of specific/definitive diagnosis(es), sign(s) or symptom(s) to reflect the "medical necessity" for each test. **Rule out, Possible or Probable Conditions cannot be coded.** For Medicare Policy information see the Part B Bulletin or www.noridian.com/medweb.

- Any Scans related to the PET Exam _____ Facility _____ Date _____
- Any Biopsy related to PET Facility _____ Date _____
- Any Surgery(s) related to PET Describe _____
- Any Treatments related to PET
 - Chemotherapy **If yes, when was it completed?** _____
 - Radiation therapy **If yes, when was it completed?** _____
 - Other (specify) _____
- Other clinical indications (describe) _____

Required Documentation

Insurance coverage for PET scans is limited and must be pre-authorized by the patient's insurance carrier. This process will be coordinated by Alaska Open Imaging Center.

Please assist us by faxing this form and the following items to 907-330-1222

- Copy of insurance cards (both sides)
- Biopsy Report and H & P or chart notes supporting medical necessity
- Reports from previous PET, CT, MRI, nuclear medicine, pathology, ultrasound, x-ray, etc., supporting primary diagnosis & medical necessity

Referring Provider Signature (Required for Exam) _____

Positron Emission Tomography (PET) Prep

If you are having a PET scan on your bones, or heart, there are no preparations prior to your scan. If you are having a PET scan on any other body part, please adhere to prep below.



Dietary Guidelines

If you are having a **PET Brain exam** the prep is High Carbohydrates and low protein the day before the exam.

Following a low carbohydrate diet is important for **all other PET exams**.

Foods allowed include the following:

All meats, chicken, seafood, tofu, unsweetened peanut butter, oil, butter, margarine, eggs, and non-starchy vegetables to include green beans, broccoli, spinach, zucchini, and lettuce.

Foods **NOT** allowed include the following:

All cereals and grains, bread, peas, fruit, dry beans, corn, fruit juices, milk, non-dairy milk, pasta, potatoes, rice, jam, jelly, sugar, gravy, candy, honey, all alcoholic beverages, or any food with more than 5 grams of carbohydrates per serving listed on the label.

The Day Before the Exam

Please follow the above dietary guidelines 24 hours prior to your appointment. Do not engage in strenuous exercise and do not chew tobacco or gum.

FLEET Prep Kit

For all abdominal studies including colon, rectal, and renal cancer scans, patients will need to pick up a FLEET Prep Kit 24 hours prior to your exam. Please discard the dietary guidelines and suppository found inside the kit. Follow the above dietary guidelines of a high protein, low carbohydrate diet. Drink plenty of water (at least 48 oz). Take the Phospho-soda solution after dinner, mixed with water is best. Take the 4 FLEET Bisacodyl tablets right before bedtime. FLEET is a bowel cleansing process that will ensure clearer images and may cause some discomfort.

Day of Exam

Continue to drink plenty of water but do not eat any food or drink coffee. Do not smoke or chew tobacco or gum. Please take any regular medications with water ONLY. When you arrive you will check in at the front desk. A tech will then escort you to a quiet room to begin your study. At this time you will be injected with a radioisotope and will be asked to relax quietly for approximately 1 hour. When this time is completed you will be moved to the scan room to complete the study. The scan is completed in segments and will take between 1 to 1 ½ hours.

Results

Results will be read by our Radiologist and a report will be faxed to your physician's office within 24-48 hours.

Questions

Ronelle Brown (PET Liaison) at 862-1738 in Anchorage or 863-1738 in Wasilla
John Christian (PET Technologist) at 330-1220 ext 228